## 1. Read the posts. What sport does Jay play?

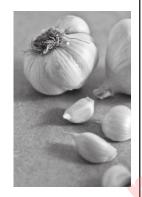


Q: I'm singing in a competition with my school's show choir next week, but I have a very bad cold. I really want to sing. What can I do?

Lena, 14, Missouri

A: You should drink lots of water and juice. My grandma says that chicken soup is great for a cold, too. You can also eat garlic, but that isn't very nice for other people. © Good luck!

Heidi, 15, Chicago



Q: I have a headache and a fever. In three days I'm playing basketball for my school team. I'm the captain. I don't want to miss it. Please help!

Jay, 13, Baltimore

A: Try a green apple for the headache. Don't eat it, smell it! The smell helps you relax, and this should help your headache. For the fever, make sure you rest and drink a lot of water. You shouldn't look at any computer or TV screens. Go to your doctor



if you aren't feeling better tomorrow.

Max, 14, Austin

## 2. Circle T (true), F (false), or NI (no information) according to the posts.

- 1. Lena is playing with her school orchestra.
- 2. Lena's choir performance is next week.
- 3. Lena is singing on her own during the performance.
- 4. Jay has a headache and a fever.
- 5. Jay plays baseball.
- 6. Jay is the captain of his school basketball team.

- T /(F)/ NI
- T / F / NI
- T / F / NI
- T / F / NI
  - T/F/NI
- T / F / NI

## 3. Choose the correct answer. Circle a or b.

- 1. What is wrong with Lena?
  - a. She has a cold and a headache.
  - (b) She has a very bad cold.
- 2. What should Lena do, according to Heidi?
  - a. She should drink water or juice.
  - b. She should eat an apple.
- **3**. Why is eating garlic not always a good idea?
  - a. Because it isn't nice for other people.
  - b. Because you can feel nauseous.

- 4. When is Jay's team playing basketball?
  - a. Next week.
  - **b**. In three days.
- 5. What does Max suggest for Jay's headache?
  - a. Smelling a green apple.
  - b. Eating a green apple.
- 6. What advice does Max give Jay for his fever?
  - a. He should rest, drink water, and he shouldn't look at TV or computer screens.
  - **b.** He should go to bed and sleep for a long time.