

# Good and bad habits

## 1. Unscramble the letters to complete the good and bad habits.

- eating healthy food (EAHTLHY)
- having good \_\_\_\_\_ habits (DSUTY)
- \_\_\_\_\_ money (VIANSNG)
- getting plenty of \_\_\_\_\_ (RCIXESEEE)
- leaving things until the last \_\_\_\_\_ (NITEMU)
- being \_\_\_\_\_ (ZAYL)

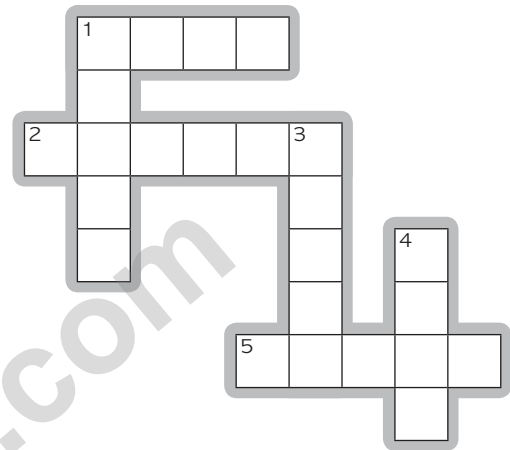
## 2. Read the statements and complete the puzzle.

### Across ►

- If you don't go to bed early, you stay up ... .
- Everyone has some good and bad ... .
- Save some money. Don't ... it all.

### Down ▼

- Some people ... homework until the last minute.
- It's important to get enough ... at night.
- You shouldn't eat too much ... food.



## 3. Look at the pictures. Circle the correct words to complete the statements.

1.



She's eating healthy / junk food.

2.



He's saving / spending money.

3.



He has good / bad study habits.

4.



They're getting plenty of exercise / being lazy.

5.



She's staying up too late / getting enough sleep.