

1 Look at the pictures. Circle the correct words.



allergies stomachache



toothache cut



cough fever

2 Complete the statements. Circle *should* or *shouldn't*.

1. You **should** / **shouldn't** stay up late.
2. You **should** / **shouldn't** drink lots of water.
3. You **should** / **shouldn't** do some exercise every day.
4. You **should** / **shouldn't** eat lots of sweets.
5. You **should** / **shouldn't** take care of yourself.
6. You **should** / **shouldn't** watch too much TV.

3 Match. Draw lines.

- | | |
|--|-----------------------|
| 1. Tammy's eyes are red and she is sneezing. | a. cut |
| 2. Paul's got a fever. His throat hurts. | b. sore throat |
| 3. Nora's head hurts. She has to rest and close her eyes. | c. allergies |
| 4. Roy fell off the steps. His arm is sore and bleeding. | d. stomachache |
| 5. Anna ate something bad last night and now she feels sick. | e. headache |

4 Complete the dialogue. Use the words from the box.

allergies headache healthy breakfast rest

Kate: Can you turn the lights off? I've got a bad _____. **1.**

Josie: Are you taking care of yourself?

Kate: I take good care of myself. I get plenty of _____, **2.**
and I eat a _____ every day. **3.**

Josie: Maybe you've got _____. Your eyes look red. **4.**

Kate: No, I haven't. I don't know why I've got a headache.

Josie: You should see the doctor.

5 Write sentences. Use *should* or *shouldn't* and the words from the box.

eat so many sweets get some rest go to the dentist
put a plaster on it stay up late take some medicine

1 A: Martha has got a headache.

B: She _____.

2 A: Cody has got a stomachache.

B: She _____.

3 A: Ned is very tired.

B: He _____.

4 A: Jethro has got a cut on his leg.

B: He _____.

5 A: Marian has got a toothache.

B: She _____.

6 A: Carl has got a sore throat.

B: He _____.